

IRONSIDE ATHLETICS



**YOUR PREMIER ATHLETIC PERFORMANCE
TRAINING FACILITY IN NORTHERN COLORADO**

SABERCAT FOOTBALL 8 WEEK OFF – SEASON CAMP

- *LED BY COACH MAESTAS – SABERCAT STRENGTH COACH*
 - SPEED, POWER, AGILITY, REACTION & QUICKNESS
 - *\$299 PER ATHLETE (MAXIMUM 10 ATHLETES)*
 - *TUESDAY & THURSDAY 330-430*
 - *DECEMBER 3RD – FEBRUARY 1ST*

IRONSIDE ATHLETICS

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